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## Clients with Disabilities

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### 1. Identify common causes of disabilities

**Short Answer**

1. List three factors that affect how well a person copes with a disability.

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2. List six diseases and disorders that may cause disability.

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3. What are two types of disabilities that can be caused by injury to the head or spinal cord?

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### 2. Describe daily challenges a person with a disability may face

**Short Answer**

- List five daily challenges a person with a disability may face.

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### 3. Define terms related to disabilities and explain why they are important

**Short Answer**

1. What are some terms you use to define yourself (e.g., race, sexual orientation, gender identity, religion, political affiliation)?

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2. To avoid using terms that are offensive to a client with a disability, what should the HHA do?

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#### 4. Identify social and emotional needs of persons with disabilities

##### Fill in the Blank

- Basic psychosocial needs include independence, social interaction, acceptance, a sense of worth, and  
\_\_\_\_\_.
- Home health aides should treat all clients with  
\_\_\_\_\_.
- Home health aides should not push clients beyond their  
\_\_\_\_\_.
- Home health aides can give clients \_\_\_\_\_ to show what they can do by themselves.

#### 5. Explain how a disability may affect sexuality and intimacy

##### True or False

- \_\_\_\_ Most disabled people do not experience sexual desires.
- \_\_\_\_ For disabled people, the ability to meet sexual needs may be limited.
- \_\_\_\_ People in wheelchairs are unable to have sexual relationships.
- \_\_\_\_ It is important for home health aides not to judge any sexual behavior they see.

Name: \_\_\_\_\_

#### 6. Identify skills that can be applied to clients with disabilities

##### Short Answer

List three skills that can be applied to working with clients with disabilities.

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#### 7. List five goals to work toward when assisting clients who have disabilities

##### Fill in the Blank

- Promote self-care and  
\_\_\_\_\_.
- Assure the client's  
\_\_\_\_\_.
- Promote the client's health and  
\_\_\_\_\_.
- Maintain the client's \_\_\_\_\_ and self-worth.
- Maintain the \_\_\_\_\_ of the client's household.

#### 8. Identify five qualities of excellent service needed by clients with disabilities

##### Short Answer

List the five qualities of excellent service needed by clients with disabilities.

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**9. Explain how to adapt personal care procedures to meet the needs of clients with disabilities****True or False**

1. \_\_\_\_ Children who have Down syndrome do not appear physically different from any other child.
2. \_\_\_\_ Developmental disabilities normally appear and are diagnosed when a person is middle-aged.
3. \_\_\_\_ The most common type of developmental disorder is an intellectual disability.
4. \_\_\_\_ Having an intellectual disability is the same as having a mental health disorder.
5. \_\_\_\_ Clients who have an intellectual disability have the same emotional and physical needs that others have.
6. \_\_\_\_ Speech impairment is one effect of cerebral palsy.
7. \_\_\_\_ It is possible that some babies born with spina bifida will be able to walk and will experience no lasting disabilities.
8. \_\_\_\_ One sign of autism spectrum disorder is that the child does not engage in pretend play.
9. \_\_\_\_ An inability to be empathetic is one symptom of autism spectrum disorder.
10. \_\_\_\_ Treatment for autism spectrum disorder should be started early and tailored to the individual.

**10. List important changes to report and document for a client with disabilities****Short Answer**

1. What should the home health aide do if he notices that a client is unable to perform a task that she was previously able to do?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. Give two signs of depression that should be reported.  
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\_\_\_\_\_

